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## SIMPLE VARIANT.

To be practised like the NINETEEN MODIFICATIONS of the FIRST FUNDAMENTAL EXERCISE.

**SECOND FUNDAMENTAL EXERCISE**

1st and 3rd fingers:      HORIZONTAL OR SIDE MOVEMENT  
 2nd finger:                VERTICAL OR FALLING MOVEMENT  
 4th finger:                LEFT TO RIGHT MOVEMENT (PIZZICATO)

Musical notation for the second fundamental exercise. The treble staff shows a sequence of chords: 0 2 0 2 0 2 0 2. The bass staff shows fingerings: 0 1-1 3-3-3 1-1. Plectrum strokes are indicated by '+' signs below the bass staff.

**NINETEEN MODIFICATIONS**

Nineteen modifications of the second fundamental exercise, numbered 1 through 5. Each modification is shown on a two-staff system (treble and bass) with fingerings and plectrum strokes. Modification 1 shows a sequence of chords: 0 2 0 2 0 2 0 2. Modification 2 shows a sequence of chords: 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2. Modification 3 shows a sequence of chords: 0 2 0 2 0 2 0 2. Modification 4 shows a sequence of chords: 0 2 0 2 0 2 0 2. Modification 5 shows a sequence of chords: 0 2 0 2 0 2 0 2.

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0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2

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0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2

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0 2 0 2 0 2 0 2 0 2 0 2 0 2

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0 2 0 2

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0 2 0 2

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0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2

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0 2 0 2 0 2 0 2

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0 2 0 2 0 2 0 2

(14) (15)

(16) (17)

(18) (19)

## SIMPLE VARIANT.

To be practised like the NINETEEN MODIFICATIONS of the SECOND FUNDAMENTAL EXERCISE.

**THIRD FUNDAMENTAL EXERCISE**

1st and 4th fingers: HORIZONTAL OR SIDE MOVEMENT  
 2nd finger: VERTICAL OR FALLING MOVEMENT  
 3rd finger: LEFT TO RIGHT MOVEMENT (PIZZICATO)

0 2 0 2 0 2 0 2

0 1-1 4-4-4 1-1

+8 +8 +8 +8 +8 +8 +8 +8

**NINETEEN MODIFICATIONS**

① ②

0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2

0 1-1 4-4-4 1-1

+8 +8 +8 +8 +8 +8 +8 +8 +8 +8 +8 +8 +8 +8 +8 +8 +8 +8 +8 +8

③

0 2 0 2 0 2 0 2

0 1-1 4-4-4 1-1

+8 +8

④ ⑤

0 2 0 2 0 2 0 2

0 1-1 4-4-4 1-1

+8 +8 +8 +8 +8 +8 +8 +8

**(6)**

0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2

0 1 4 1

8 8

**(7)**

0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2

0 1 4 1

8 8

**(8)**

0 2 0 2 0 2 0 2 0 2 0 2 0 2

0 1 4 1

8 8 8 8

**(9)**

0 2 0 2

0 1 4 1

8 8

**(10)**

0 2 0 2

0 1 4 1

8 8 8 8

**(11)**

0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2

0 1 4 1

8 8

**(12)**

0 2 0 2 0 2 0 2

0 1 4 1

8 8

**(13)**

0 2 0 2 0 2 0 2

0 1 4 1

8 8 8 8

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## SIMPLE VARIANT.

To be practised like the NINETEEN MODIFICATIONS of the SECOND FUNDAMENTAL EXERCISE.

## FOURTH FUNDAMENTAL EXERCISE

1st finger: VERTICAL OR FALLING MOVEMENT  
 2nd and 3rd fingers: HORIZONTAL OR SIDE MOVEMENT  
 4th finger: LEFT TO RIGHT MOVEMENT (PIZZICATO)



## NINETEEN MODIFICATIONS

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This block contains two modifications. Modification 1 shows a sequence of chords with fingerings: 0, 1. Modification 2 shows a sequence of chords with fingerings: 0, 1, 0, 1, 0, 1, 0, 1, 0, 1, 0, 1, 0, 1, 0, 1, 0, 1. The bottom staff contains rhythmic markings: 0, 2-2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2. Below each staff are four quarter notes with a '+' symbol under each.

③

This block contains Modification 3, showing a sequence of chords with fingerings: 0, 1, 0, 1, 0, 1, 0, 1. The bottom staff contains rhythmic markings: 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2. Below each staff are four quarter notes with a '+' symbol under each.

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This block contains two modifications. Modification 4 shows a sequence of chords with fingerings: 0, 1. Modification 5 shows a sequence of chords with fingerings: 0, 1, 0, 1. The bottom staff contains rhythmic markings: 0, 2-2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2, 2. Below each staff are four quarter notes with a '+' symbol under each.



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0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1

0 2—2 3—3—3 2—2

4 4

⑦

0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1

0 2—2 3—3—3 2—2

4 4

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0 1 0 1 0 1 0 1 0 1 0 1 0 1

⑨

0 1 0 1

0 2—2 3—3—3 2—2

0 2—2 3—3—3 2—2

4 4

⑩

0 1 0 1

⑪

0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1

0 2—2 3—3—3 2—2

0 2—2 3—3—3 2—2

4 4

⑫

0 1 0 1 0 1 0 1

⑬

0 1 0 1 0 1 0 1

0 2—2 3—3—3 2—2

0 2—2 3—3—3 2—2

4 4

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## SIMPLE VARIANT.

To be practised like the NINETEEN MODIFICATIONS of the FOURTH FUNDAMENTAL EXERCISE.

FIFTH FUNDAMENTAL EXERCISE

1st finger: VERTICAL OR FALLING MOVEMENT  
 2nd finger: LEFT TO RIGHT MOVEMENT (PIZZICATO)  
 3rd and 4th fingers: HORIZONTAL OR SIDE MOVEMENT

NINETEEN MODIFICATIONS

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0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1

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0 1 0 1 0 1 0 1 0 1

④ ⑤

0 1 0 1

(6) 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1

(7) 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1

(8) 0 1 0 1 0 1 0 1 0 1 0 1 10 10 1 0 1

(9) 0 1 0 1

(10) 0 1 0 1

(11) 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1

(12) 0 1 0 1 0 1 0 1

(13) 0 1 0 1 0 1 0 1

⑭ ⑮

0 1 01010 1010 10101010 10101010 1010101

0 3-3 4-4 3-3 0 3-3 4-4-4 3-3

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0 1 0 1 0 1 0 1 0 1 0 1

0 3-3 4-4-4 3-3 0 3-3 4-4-4 3-3

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0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1

0 3-3 4-4-4 3-3 0 3-3 4-4-4 3-3

## SIMPLE VARIANT.

To be practised like the NINETEEN MODIFICATIONS of the FIFTH FUNDAMENTAL EXERCISE.

1 0

0 3-3 4-4-4 3-3

## SIXTH FUNDAMENTAL EXERCISE

1st finger: VERTICAL OR FALLING MOVEMENT  
 2nd and 4th fingers: HORIZONTAL OR SIDE MOVEMENT  
 3rd finger: LEFT TO RIGHT MOVEMENT (PIZZICATO)

Musical notation for the sixth fundamental exercise. The exercise consists of eight measures. The first measure has a treble clef and a bass clef. The notes in the treble clef are G4 (open), Bb4 (1), D5 (0), and Bb4 (1). The notes in the bass clef are G3 (open), Bb3 (2), D4 (2), and Bb3 (4). The fingerings are 0, 1, 0, 1, 0, 1, 0, 1. Below the bass clef, there are plus signs and the number 3, indicating a pizzicato stroke for each note.

### NINETEEN MODIFICATIONS

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Musical notation for modification 1. It consists of two parts. The first part is identical to the original exercise. The second part is a sequence of 16 notes: G4 (0), Bb4 (1), D5 (0), Bb4 (1), G4 (0), Bb4 (1), D5 (0), Bb4 (1), G4 (0), Bb4 (1), D5 (0), Bb4 (1), G4 (0), Bb4 (1), D5 (0), Bb4 (1). The fingerings are 0, 1, 0, 1, 0, 1, 0, 1, 0, 1, 0, 1, 0, 1, 0, 1. Below the bass clef, there are plus signs and the number 3, indicating a pizzicato stroke for each note.

③

Musical notation for modification 3. It consists of two parts. The first part is identical to the original exercise. The second part is a sequence of 16 notes: G4 (0), Bb4 (1), D5 (0), Bb4 (1), G4 (0), Bb4 (1), D5 (0), Bb4 (1), G4 (0), Bb4 (1), D5 (0), Bb4 (1), G4 (0), Bb4 (1), D5 (0), Bb4 (1). The fingerings are 0, 1, 0, 1, 0, 1, 0, 1, 0, 1, 0, 1, 0, 1, 0, 1. Below the bass clef, there are plus signs and the number 3, indicating a pizzicato stroke for each note.

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Musical notation for modifications 4 and 5. Modification 4 consists of two parts. The first part is identical to the original exercise. The second part is a sequence of 4 notes: G4 (0), Bb4 (1), D5 (0), Bb4 (1). The fingerings are 0, 1, 0, 1. Below the bass clef, there are plus signs and the number 3, indicating a pizzicato stroke for each note. Modification 5 is identical to modification 4.

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0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1

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0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1

⑧

0 1 0 1 0 1 0 1 0 1 0 1 0 1

⑨

0 1 0 1

⑩

0 1 0 1

⑪

0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1

⑫

0 1 0 1 0 1 0 1

⑬

0 1 0 1 0 1 0 1

⑭ ⑮

0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1

0 2-2 4-4-4 2-2 0 2-2 4-4-4 2-2

3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3

⑯ ⑰

0 1 0 1 0 1 0 1 0 1 0 1

0 2-2 4-4-4 2-2 0 2-2 4-4-4 2-2

3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3

⑱ ⑲

0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1

0 2-2 4-4-4 2-2 0 2-2 4-4-4 2-2

3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3

## SIMPLE VARIANT.

To be practised like the NINETEEN MODIFICATIONS of the SIXTH FUNDAMENTAL EXERCISE.

1 0

0 2-2 4-4-4 2-2

3 3 3 3 3 3 3 3



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DEVELOPMENT OF THE LEFT TO RIGHT MOVEMENT  
(PIZZICATO)

FIRST FUNDAMENTAL EXERCISE

1st and 2nd fingers: LEFT TO RIGHT MOVEMENT (PIZZICATO)  
3rd finger: VERTICAL OR FALLING MOVEMENT  
4th finger: HORIZONTAL OR SIDE MOVEMENT

NINETEEN MODIFICATIONS

13 14 15

16 17 18 19

## SIMPLE VARIANT.

To be practised like the NINETEEN MODIFICATIONS of the FIRST FUNDAMENTAL EXERCISE.

## SECOND FUNDAMENTAL EXERCISE

1st and 3rd fingers: LEFT TO RIGHT MOVEMENT (PIZZICATO)

2nd finger: VERTICAL OR FALLING MOVEMENT

4th finger: HORIZONTAL OR SIDE MOVEMENT

The page contains 19 numbered exercises, each consisting of a grand staff (treble and bass clefs) and a guitar-specific bass line. The exercises are as follows:

- Exercise 1:** Treble clef, single notes (4, 4), bass clef (0, 2), guitar line (1 0 1 0 1 0 1 0).
- Exercise 2:** Treble clef, single notes (4, 4), bass clef (0, 2), guitar line (1 0 1 0 1 0 1 0).
- Exercise 3:** Treble clef, single notes (4, 4), bass clef (0, 2), guitar line (1 0 1 0 1 0 1 0).
- Exercise 4:** Treble clef, single notes (4, 4), bass clef (0, 2), guitar line (1 0 1 0 1 0 1 0).
- Exercise 5:** Treble clef, single notes (4, 4), bass clef (0, 2), guitar line (1 0 1 0 1 0 1 0).
- Exercise 6:** Treble clef, single notes (4, 4), bass clef (0, 2), guitar line (1 0 1 0 1 0 1 0).
- Exercise 7:** Treble clef, single notes (4, 4), bass clef (0, 2), guitar line (1 0 1 0 1 0 1 0).
- Exercise 8:** Treble clef, single notes (4, 4), bass clef (0, 2), guitar line (1 0 1 0 1 0 1 0).
- Exercise 9:** Treble clef, single notes (4, 4), bass clef (0, 2), guitar line (1 0 1 0 1 0 1 0).
- Exercise 10:** Treble clef, single notes (4, 4), bass clef (0, 2), guitar line (1 0 1 0 1 0 1 0).
- Exercise 11:** Treble clef, single notes (4, 4), bass clef (0, 2), guitar line (1 0 1 0 1 0 1 0).
- Exercise 12:** Treble clef, single notes (4, 4), bass clef (0, 2), guitar line (1 0 1 0 1 0 1 0).
- Exercise 13:** Treble clef, single notes (4, 4), bass clef (0, 2), guitar line (1 0 1 0 1 0 1 0).
- Exercise 14:** Treble clef, single notes (4, 4), bass clef (0, 2), guitar line (1 0 1 0 1 0 1 0).
- Exercise 15:** Treble clef, single notes (4, 4), bass clef (0, 2), guitar line (1 0 1 0 1 0 1 0).
- Exercise 16:** Treble clef, single notes (4, 4), bass clef (0, 2), guitar line (1 0 1 0 1 0 1 0).
- Exercise 17:** Treble clef, single notes (4, 4), bass clef (0, 2), guitar line (1 0 1 0 1 0 1 0).
- Exercise 18:** Treble clef, single notes (4, 4), bass clef (0, 2), guitar line (1 0 1 0 1 0 1 0).
- Exercise 19:** Treble clef, single notes (4, 4), bass clef (0, 2), guitar line (1 0 1 0 1 0 1 0).

## SIMPLE VARIANT.

To be practised like the NINETEEN MODIFICATIONS of the SECOND FUNDAMENTAL EXERCISE.

## THIRD FUNDAMENTAL EXERCISE

1st and 4th fingers: LEFT TO RIGHT MOVEMENT (PIZZICATO)  
 2nd finger: VERTICAL OR FALLING MOVEMENT  
 3rd finger: HORIZONTAL OR SIDE MOVEMENT

## NINETEEN MODIFICATIONS

9 3-3-3-3-3-3-3-3 10 3-3 11 3-3 12 3-3-3-3  
 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2  
 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0  
 † † † † † † † † † † † † † † † †

13 3-3 14 3-3-3-3-3-3-3-3 15 3-3-3-3-3-3-3-3  
 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2  
 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0  
 † † † † † † † † † † † † † † † † † †

16 3-3 17 3-3-3-3 18 3-3-3-3 19 3-3-3-3  
 0 2 0 2 0 2 0 2 0 2 0 2 0 2 0 2  
 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0  
 † † † † † † † † † † † † † † † †

## SIMPLE VARIANT.

To be practised like the NINETEEN MODIFICATIONS of the THIRD FUNDAMENTAL EXERCISE.

3-3 3  
 0 2  
 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0 1 0  
 † † † † † † † † † † † † † † † † † †

## FOURTH FUNDAMENTAL EXERCISE

1st finger: VERTICAL OR FALLING MOVEMENT  
 2nd and 3rd fingers: LEFT TO RIGHT MOVEMENT (PIZZICATO)  
 4th finger: HORIZONTAL OR SIDE MOVEMENT

## NINETEEN MODIFICATIONS